



MR GIUSEPPE SFORZA
CONSULTANT ORTHOPAEDIC SURGEON



MAYO ELBOW SCORE

Patient Name - _____

Date _____

Side: Right/Left

INSTRUCTIONS: Please answer Section 1 and 3 and mark ONLY ONE response which most closely describes your elbow right now. Mark each FUNCTION in SECTION 4 you are able to perform.

PAIN

None (40 points)

Mild (30pts)

Moderate (15pts)

Severe (0 pts)

MOTION (To Be Completed by Health Care Provider)

Arc > 100 degrees (20pts)

Arc 50 –100 degrees (15pts)

Arc < 50 degrees (5pts)

STABILITY

Stable (10 Pts)

Moderate instability (5pts)

Gross instability

(0pts)

FUNCTION OF ELBOW

Yes= Able to perform the listed task (5pts each) No= Not able to Perform the list task (0 points)

Comb Hair

Yes

No

Feed self Hygiene

Yes

No

Can do shirt

Yes

No

Can do shoes

Yes

No

Score greater than 90 Excellent, Score 75-89 Good, Score 60-74 Fair, Score below 60 Poor

Comments _____

Reading Shoulder and Elbow

Berkshire Independent Hospital,

Swallows Croft, Wensley Road,
Reading
RG16UZ
Tel: 01189 028109

Dunedin Hospital

16 Bath Road,
Reading,
Berkshire
RG1 6NS
Tel: 01189 553486
Email: infoReading@giuseppesforza.com

Wellington Shoulder & Elbow Unit,

The Platinum Centre,
Wellington Place, St John's Wood,
London
NW8 9LE

Highgate Hospital

17-19 View Road, Highgate,
London
N6 4DJ
Tel: 0207 4835406 Email: infoLondon@giuseppesforza.com