

Wrist Score

name (or ref)

Patient's name (or ref)

Answer the following 12 multiple choice questions.

past 4 weeks.....

- Pain Intensity

None (25)

Mild, occasional (20)

Moderate, tolerable (15)

Severe to intolerable (0)

Section 2 - Functional Status

Returned to regular employment (25)

Restricted employment (20)

Able to work, but unemployed (15)

Unable to work because of pain (0)

(choose either 3a or 3b)

3a - Range of Motion (% of normal side)

Greater than 120 degrees (25)

90-120 degrees (15)

60-90 degrees (10)

30-60 degrees (5)

less than 30 degrees (0)

3b - If only injured hand examined

Greater than 120 degrees (25)

90-120 degrees (15)

60-90 degrees (10)

30-60 degrees (5)

less than 30 degrees (0)

- Grip strength % of normal

Greater than 50% (25)

30-50% (15)

10-30% (10)

less than 10% (5)

Mayo Wrist Score is

0