



# Mayo Wrist Score

Clinician's name (or ref)

Patient's name (or ref)

Please answer the following 12 multiple choice questions.

During the past 4 weeks.....

Section 1 - Pain Intensity
<input type="radio"/> No pain (25)
<input type="radio"/> Mild Occasional (20)
<input type="radio"/> Moderate, tolerable (15)
<input type="radio"/> Severe to intolerable (0)

Section 2 - Functional Status
<input type="radio"/> Returned to regular employment (25)
<input type="radio"/> Restricted employment (20)
<input type="radio"/> Able to work, but unemployed (15)
<input type="radio"/> Unable to work because of pain (0)

Section 3 (choose either 3a or 3b)													
<table border="1"> <thead> <tr> <th>3a - Range of Motion (% of normal side)</th> </tr> </thead> <tbody> <tr> <td><input type="radio"/> 100% (25)</td> </tr> <tr> <td><input type="radio"/> 75-99% (15)</td> </tr> <tr> <td><input type="radio"/> 50-74% (10)</td> </tr> <tr> <td><input type="radio"/> 25-49% (5)</td> </tr> <tr> <td><input type="radio"/> 0-24% (0)</td> </tr> </tbody> </table>	3a - Range of Motion (% of normal side)	<input type="radio"/> 100% (25)	<input type="radio"/> 75-99% (15)	<input type="radio"/> 50-74% (10)	<input type="radio"/> 25-49% (5)	<input type="radio"/> 0-24% (0)	<table border="1"> <thead> <tr> <th>3b - If only injured hand examined</th> </tr> </thead> <tbody> <tr> <td><input type="radio"/> Greater than 120 degrees (25)</td> </tr> <tr> <td><input type="radio"/> 90-120 degrees (15)</td> </tr> <tr> <td><input type="radio"/> 60-90 degrees (10)</td> </tr> <tr> <td><input type="radio"/> 30-60 degrees (5)</td> </tr> <tr> <td><input type="radio"/> less than 30 degrees (0)</td> </tr> </tbody> </table>	3b - If only injured hand examined	<input type="radio"/> Greater than 120 degrees (25)	<input type="radio"/> 90-120 degrees (15)	<input type="radio"/> 60-90 degrees (10)	<input type="radio"/> 30-60 degrees (5)	<input type="radio"/> less than 30 degrees (0)
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**Mayo Wrist Score is**

0
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Section 4 - Grip strength % of normal
<input type="radio"/> 100% (25)
<input type="radio"/> 75-100% (15)
<input type="radio"/> 50-75% (10)
<input type="radio"/> 25-50% (5)
<input type="radio"/> 0-25%

### Interpreting the Wrist Mayo Score

**90-100 Excellent      80-90 Good.....60-80 Satisfactory.....Below 60 Poor**

To book a consultation or an appointment with Mr Giuseppe Sforza please get in touch

<http://www.giuseppesforza.com/appointments/>

<http://www.giuseppesforza.com/practice-locations/uk/>